Exceptionalist naturalism: Human agency and the causal order

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ABSTRACT
This paper addresses a fundamental question in folk metaphysics: How do we ordinarily view human agency? According to the transcendence account, we view human agency as standing outside of the causal order and imbued with exceptional powers. According to a naturalistic account, we view human agency as subject to the same physical laws as other objects and completely open to scientific investigation. According to exceptionalist naturalism, the truth lies somewhere in between: We view human agency as fitting broadly within the causal order while still being exceptional in important respects. In this paper, I report seven experiments designed to decide between these three competing theories. Across a variety of contexts and types of action, participants agreed that human agents can resist outcomes described as inevitable, guaranteed, and causally determined. Participants viewed non-human animal agents similarly, whereas they viewed computers, robots, and simple inanimate objects differently. At the same time, participants judged that human actions are caused by many things, including psychological, neurological, and social events. Overall, in folk metaphysics, human and non-human animals are viewed as exceptional parts of the natural world.

In a dimly lit room, a man sits at his computer. In just a moment, he is going to donate money to a charity. He can donate to only one. Given the circumstances, it is causally determined that the man will donate to Oxfam. But he has not made the donation yet. Now, quickly, ask yourself: Can the man still donate to a different charity instead? Set aside any theoretical view you have about human action or about how we should answer this question. Just try to hear the question innocently, as it might occur to you in the course of everyday life. Then try to cleanse your mental palette before reading the next paragraph.

A computer sits on a desk. It is programmed to make charitable donations and, in just a moment, it is going to donate money to a charity. It can donate to only one. Given the circumstances, it is causally determined that the computer will donate to Oxfam. But it has not made the donation yet. Can the computer still donate to a different charity instead? Again, try to hear the question innocently.

Does the intuitive answer to those two questions—about what the man and the computer can still do—differ? Whether it does matters because it is connected to how we ordinarily view human agency and its place in the natural world, which can have important social consequences. Cognitive science cannot predict human thought and behaviour with the accuracy that physics can predict a billiard ball’s behaviour. But cognitive science has made progress in predicting basic motor responses, thoughts, and behaviour related to health and crime (e.g., Gabrieli, Ghosh, & Whitfield-Gabrieli, 2015; Haggard, 2005; Libet, Gleason, Wright, & Pearl, 1983; Soon, He, Bode, & Haynes, 2013). As progress continues, it is reasonable to expect that the findings will become increasingly relevant to important social debates and inform decision making in medicine, law, politics, education, and other areas. To the extent that people naturally view human action as fundamentally unpredictable, it could be difficult for them to accept that relevant findings should inform these issues. This in
turn could inhibit timely knowledge-transfer and delay social improvements caused by better decision making. By contrast, to the extent that people view human action as fully amenable to scientific prediction, it could expedite improved knowledge-transfer and decision making.

Leading cognitive scientists and experimental philosophers have recently argued that commonsense psychology views human agency as radically different from other things in the world. “Common sense tells us that we exist outside of the material world” (Bloom, 2012) and that “human actions are not caused by prior events” (Knobe, 2014, p. 79). This implies that, on the ordinary understanding, human actions are fundamentally different from other sorts of events. Therefore any attempt to scientifically understand human action will inevitably involve a radical break from our ordinary way of understanding one another—scientists “will be abandoning [the] ordinary notion and replacing it with a very different one” (Knobe, 2014, p. 83; see also the work reviewed in Bering, 2006). In other words, commonsense views human agency as a “transcendent” rather than “scientific” phenomenon. Call this the transcendence account of the ordinary understanding of human agency.

The transcendence account might receive support from a recent study where participants were asked to imagine two universes (Nichols & Knobe, 2007). In Universe A, everything that happens is completely causally determined by prior events, all the way back to the beginning of time. In Universe B, the same is true except that human decisions are not caused by prior events. Participants were then asked which universe is more like our own. Over 90% chose Universe B. The preference for Universe B is cross-culturally robust (Sarkissian et al., 2010). Some argue that this is well explained by the transcendence account and, furthermore, that it cannot easily be explained otherwise (Knobe, 2014, p. 73). However, an alternative explanation is available if people naturally assume that our universe is indeterministic in important ways. For then they might choose Universe B because something important in it is indeterministic. This is consistent with viewing human action as caused by prior events.

Alternatively, the transcendence account of human agency might receive support from recent findings on human infants. Researchers found that five-month-old infants expect inanimate objects to obey the principle of continuous motion, but they do not have similar expectations for humans (Kuhlmeier, Bloom, & Wynn, 2004). After habituating to a display of continuous motion across a stage, infants expected a single block, and after habituating to a display of discontinuous motion, they expected two objects. By contrast, infants did not reveal similarly asymmetrical expectations for humans. The researchers hypothesized that this might be because infants use different cognitive systems to understand humans and inanimate objects, and that applying principles of physical motion to humans is “a developmental accomplishment” (Kuhlmeier et al., 2004, p. 102; see also Bloom, 2005). Other researchers have argued that the results are due to infants being aware that humans sometimes travel by “unseen circuitous routes”, allowing them to “reappear in positions quite different from where they were last seen” (Saxe, Tzelnic, & Carey, 2006, p. B7).

Some researchers have recently argued for an alternative naturalistic account of the ordinary understanding of human agency (Nahmias & Thompson, 2014). Consider the results from a study where participants were asked to imagine a futuristic scenario where advanced brain-scanning technology enables neuroscientists to perfectly predict people’s behaviour ahead of time (Nahmias, Shepard, & Reuter, 2014). The vast majority of participants agreed that in this scenario, a citizen, Jill, “was the cause of how she voted” in an election, and only a small minority agreed that “her reasons had no effect on what she did”. Participants also tended to agree that if such technology existed, it would show that brain states cause human decisions. Researchers have interpreted these results as evidence against the transcendence account and in favour of the possibility that a scientific understanding of human agency is continuous with the ordinary understanding (Nahmias & Thompson, 2014, p. 95). However, based on follow-up studies, some have argued that participants’ understanding of the scenario differed importantly from what the researchers assumed (Rose, Buckwalter, & Nichols, 2015), rendering a naturalistic interpretation problematic.

At this point, it remains unclear whether the transcendence account or the naturalistic account better captures the ordinary understanding of human agency. Another possibility is that the truth lies somewhere in between the transcendence and naturalistic accounts. It could be that, on the ordinary understanding, human agency fits broadly within the causal order while still being exceptional in some respects. For
example, people might think that human actions are caused by psychological, neurological, and social events, even though human agents can resist causal forces in ways that inanimate objects cannot. Call such a view **exceptionalist naturalism**.

It is also possible that exceptionalist naturalism about human agency is a specific instance of a more general view about animal agency. One reason to suspect that people might view human and non-human animal agency similarly—though not necessarily identically—is that people in many cultural traditions have claimed that when a human dies, the person can be reincarnated as a member of another species and eventually as a human again (Bjorling, 2013; Nagaraj, Nanjegowda, & Purushothama, 2013; Obeyesekere, 2002). These beliefs would probably not be so widely espoused if people naturally viewed humans and non-humans as fundamentally different.

The three accounts make different predictions about patterns in commonsense psychology. More specifically, they make different predictions about whether people will (a) view human agents as imbued with exceptional powers to resist causally determined or inevitable outcomes and (b) view human actions as caused by prior events in the natural world. The transcendence account predicts that people will do (a) but not (b). The naturalistic account predicts that people will do (b) but not (a). Exceptionalist naturalism predicts that people will do both (a) and (b).

The present research advances our understanding of these issues. I report seven experiments designed to provide evidence about how people ordinarily understand human agency. Participants read brief texts and answered questions about simple activities by familiar entities. The activities included placing a bet, making a donation, falling, and looking at a stimulus. The entities included a human, dolphin, crow, cat, frog, grasshopper, plant, ball, and robot. In each case, a specific outcome was described as inevitable, guaranteed by physical processes, or causally determined. Participants rated whether things could still turn out otherwise, or in cases where the outcome had already occurred, whether things could have turned out otherwise. Participants also rated the probability that the causally determined outcome would occur, whether the outcome was causally determined, and whether a variety of factors caused the outcome.

To briefly anticipate the results, Experiments 1–4 show that people view human agents as capable of resisting physically inevitable outcomes. This same power is not shared by computers, robots, plants, or inanimate objects, but it does seem to be shared by non-human animals. Experiments 5–7 show that people believe human actions are caused by a variety of factors, including psychological, neurological, and social events. In other words, in the terminology used above, the results show that people tend to do both (a) and (b). Overall, then, the results support some form of exceptionalist naturalism about human agency.

Before proceeding, it is worth clarifying that my aim is to better understand how people actually view human agency. It is a further, and different, question to ask how people should view human agency. For instance, upon reflection, many readers might reject the transcendence account’s tenets as nothing more than recrudescent magical thinking to be firmly opposed. However sensible that approach might be, its focus differs importantly from my focus here. I am not evaluating theories of human action. Instead, I am evaluating theories of how we ordinarily view agency. And, with respect to this issue, the transcendence account cannot simply be set aside without investigation. It is not unprecedented for the ordinary view of important, familiar phenomena to be demonstrably false. For instance, the intuitive theory of physical motion is deeply flawed (McCloskey, Washburn, & Felch, 1983).

**Experiment 1**

This experiment tests whether people think that humans or computers can resist inevitable outcomes.

**Method**

**Participants**

One hundred and sixty participants were tested (aged 18–72 years, $M_{age} = 34$ years; 72 female; 93% reporting English as a native language). Participants were U.S. residents, recruited and tested online using Amazon Mechanical Turk and Qualtrics, and compensated $0.40 for approximately 2 minutes of their time. Repeat participation was prevented (through the use of “worker qualifications” in Amazon Mechanical Turk and by manually screening for duplicate Worker IDs). With one small exception noted below, the same recruitment and compensation procedures were used for the subsequent experiments.
Materials and procedure

Participants were randomly assigned to one of four conditions in a 2 (agent: human, computer) × 2 (action: bet, donate) between-subjects design. All participants read a simple story, responded to two test items, then completed a brief demographic questionnaire. The agent factor manipulated whether the agent in the story was a person or a computer. The action factor manipulated what action the agent performed, making either a bet or a donation. I had no expectations regarding the action factor and included it as a robustness check to ensure that any findings were not peculiar to any one action type. Here is the text of the stories (agent manipulation in brackets):

(Bet) A [person is going/computer was programmed] to place a bet on a horse race. In just a moment, [he/it] will place a bet. Everything in the causal history of the physical world is leading inevitably to one conclusion: [he/it] will bet on the horse Pepper Run.

(Donate) A [person is going/computer was programmed] to donate money to charity. In just a moment, [he/it] will make a donation. Everything in the causal history of the physical world is leading inevitably to one conclusion: [he/it] will donate to the charity Vaccination for All.

After reading the story, participants rated their agreement with a test statement about whether the agent could still do otherwise:

The [person/computer] could still [bet on another horse/donate to another charity] instead.

Responses were collected on a standard 7-point Likert scale, 1 (“strongly disagree”) to 7 (“strongly agree”), left to right on the participant’s screen. Participants then advanced to a new screen—they could not go back—and completed a probability task. They were asked to rate the probability that the agent would act in the inevitable way:

On a scale of 0% to 100%, how likely is it that the [person/computer] will [bet on Pepper Run/donate to Vaccination for All]?

Responses were collected in a text box directly below the question. The story remained at the top of the screen throughout. After testing, participants completed a brief demographic questionnaire. Demographic variables did not reliably affect response to any of the dependent variables of interest in the experiments reported here, so I will not discuss them further.

Results

Response to the percentage task was unaffected by action or agent, or their interaction, all $F_s < 1$. Overall, mean probability assignment was 85.93% (SD = 21.48). Response to the test statement (about whether the agent could still do otherwise) was affected by agent, $F(1, 156) = 25.84$, $p < .001$, $\eta^2_p = .142$, but unaffected by action or their interaction, $F_s < 1$. Response was higher for the human ($Mdn = 5$, $n = 85$) than the computer ($Mdn = 2$, $n = 75$), Mann–Whitney $U = 1809$, $z = −4.78$, $p < .001$. (See Figure 1.) Among participants who answered “100%” on the probability task, response to the test statement was higher for the human ($Mdn = 5$, $n = 26$) than for the computer ($Mdn = 5$, $n = 29$), $U = 214$, $z = −2.94$, $p = .003$.

![Figure 1](image-url)

Figure 1. Experiment 1. Mean response to the test statement about whether the entity could still do otherwise (Panel A) and the distribution of responses (Panel B). The scale ran 1 (strongly disagree)–7 (strongly agree). Error bars represent bootstrapped 95% confidence intervals.
Discussion

When everything in the causal history of the physical world is leading inevitably to a computer performing a certain action, participants disagreed that the computer could still act otherwise. By contrast, participants tended to agree that a human agent could still act otherwise. This same pattern was observed for two very different types of action. Even among those who rated the inevitable outcome’s probability at 100%, there was still a difference between how participants viewed a human’s and a computer’s ability to act otherwise.

Experiment 2

The present experiment tests whether the results from Experiment 1 are robust against another way of describing an outcome as inevitable and whether they persist for retrospective assessments.

Method

Participants

One hundred and sixty new participants were tested (aged 18–73 years; $M_{age} = 3$ years; 57 female; 99% reporting English as a native language).

Materials and procedure

Participants were randomly assigned to one of two conditions (human, computer) in a between-subjects design. The basic procedures were the same as those in Experiment 1. The story was similar to the story for the bet conditions in Experiment 1, except that this time the outcome’s inevitability was described differently (in terms of “the physics of information processing guarantees . . .”), and people were asked to rate a retrospective statement ("could have done" instead of “could still do” otherwise). Here is the text of the story:

A [person is going to/computer was programmed to] place a bet on a horse race. In just a moment, [he/it] will place a bet. The physics of information processing guarantees that [he/it] will bet on the horse Pepper Run. And in fact [he/it] does bet on Pepper Run.

Participants then rated their agreement with this statement:

The [person/computer] could have bet on another horse instead.

Responses were collected on the same 7-point Likert scale as that in Experiment 1. Participants then completed a probability task similar to the one from Experiment 1:

On a scale of 0% to 100%, how likely was it that the person/computer would bet on Pepper Run?

Results

Response to the percentage task was lower for the human ($M = 85.9\%, SD = 17.01$) than for the computer ($M = 94.5\%, SD = 12.63$), $t(147.6) = -3.63, p < .001$. Response to the test statement (about whether the agent could have done otherwise) was higher for the human ($Md = 5, n = 81$) than for the computer ($Md = 2, n = 79$), $U = 1418, z = -6.19, p < .001$. (See Figure 2.) Among participants who answered “100%” on the probability task, response to the test statement was higher for the human ($Md = 4, n = 25$) than for the computer ($Md = 1, n = 48$), $U = 368, z = -2.92, p = .003$.

Discussion

The results replicate the findings from Experiment 1 and show that they are robust against different ways of describing the inevitability of outcomes and against the difference between prospective and retrospective assessment. When the physics of information processing guaranteed that a computer would perform a certain action, participants disagreed that the computer could have acted otherwise. By contrast, participants tended to agree that a human agent could have acted otherwise. Even among those who rated the inevitable outcome’s probability at 100%, there was still a difference between how participants viewed a human’s and a computer’s ability to act otherwise.

Experiment 3

Experiments 1 and 2 showed that people think that humans can resist causally determined outcomes in ways that computers cannot. Both experiments focused on actions requiring a particular cultural context, betting or donating, which might seem to involve making a choice about how to proceed. But a different pattern might emerge for outcomes that occur despite choice or preference. This might happen when considering outcomes for which
humans could be treated, for all practical purposes, as mere physical objects. For example, humans sometimes fall and injure themselves, which is not a matter of choice. And when they do fall, the outcome is determined by physical laws in the same way that an inanimate object’s fall is determined.

The present experiment does three things. First, it tests whether the pattern observed above extends to falling. Second, it tests whether people think the power perceived in humans extends to a non-human animal, a raccoon. Third, whereas previous experiments also collected probability estimates that the causally determined outcome would occur (expressed as a percentage), this time I collected qualitative judgments specifically about whether the outcome was “causally determined”.

**Method**

**Participants**

Two hundred and forty new participants were tested (aged 18–68 years; \(M_{age} = 33\) years; 107 female; 94% reporting English as a native language). I excluded data from one participant who reported his age as “1”.

**Materials and procedure**

Participants were randomly assigned to one of three conditions (human, raccoon, ball) in a between-subjects design. The basic procedures were the same as those in earlier experiments. The stories for the different conditions varied according to whether a human, raccoon, or tennis ball was positioned on a narrow ledge:

> A [person/raccoon/tennis ball] is on a narrow window ledge. Given [his/his/it] current condition, [he/he/it] will fall. That is the causally determined outcome.

After reading the story, participants rated their agreement with the test statement, “The [person/raccoon/ ball] could still avoid falling”. Participants then advanced to a new screen and rated whether it is causally determined that the entity will fall, “It is causally determined that the [person/raccoon/ball] will fall off the ledge”. Responses were collected on the same 7-point Likert scale as that in earlier experiments.

**Results**

Response to the causal determination statement was unaffected by condition, \(F(2, 237) = 1.35, p = .260\). Overall, mean agreement was 5.80 (\(SD = 1.52\)). Response to the test statement (about whether the entity could avoid falling) differed across condition, Kruskal–Wallis test, \(\chi^2(2, n = 240) = 27.30, p < .001\). (See Figure 3.) Response was higher for the human (\(Mdn = 5, n = 80\)) than for the ball (\(Mdn = 2, n = 81\)), \(U = 1876, z = -4.70, p < .001\), higher for the raccoon (\(Mdn = 5, n = 79\)) than for the ball, \(U = 1973, z = -4.27, p < .001, \) and no different for the human and raccoon, \(p = .576\). Among those who “strongly agreed” with the causal determination statement, the same pattern occurred: Response was higher for the human (\(Mdn = 5, n = 29\)) than for the ball (\(Mdn = 2, n = 36\)), \(U = 273, z = -3.36, p < .001\), higher for the raccoon (\(Mdn = 5, n = 34\)) than for the ball (\(Mdn = 2, n = 36\)), \(U = 378, z = -2.81, p = .005\), and no different for the human and raccoon, \(p = .261\).
Discussion

When it is causally determined that a human, raccoon, or ball will fall, participants judged that the human and the raccoon could still avoid falling, but the ball could not. The same basic pattern occurred even among participants who strongly agreed that falling was causally determined. These results replicate and generalize the main findings from Experiments 1 and 2. Unlike earlier experiments, which involved actions requiring a particular social setting (betting or donating), the present experiment tested an outcome requiring no such setting (falling).

Experiment 4

Experiments 1–3 showed that people think that humans can resist causally determined outcomes in ways that computers and simple inanimate objects cannot. The key dependent variable was worded differently in each experiment, but it was always phrased subjunctively using "could"—whether the agent “could still” do otherwise (Experiment 1), “could have done” otherwise (Experiment 2), or “could still avoid” an outcome (Experiment 3). Perhaps a different pattern will emerge if the key dependent variable is phrased indicatively using “can” instead. This might happen because “can” pertains more to actual ability whereas “could” arguably connotes ability in other possible situations.

The present experiment does three things. First, it uses indicative wording for the key dependent variable. Second, it tests another simple and familiar action, turning to inspect a stimulus. Third, it extends the inquiry to cover several new animate and inanimate objects, including a dolphin, crow, cat, frog, grasshopper, plant, solar panel, and robot.

Method

Participants

Seven hundred and twenty new participants were tested (aged 18–82 years; mean age = 33 years; 318 female; 98% reporting English as a native language).

Materials and procedure

Participants were randomly assigned to one of nine conditions (human, dolphin, crow, cat, frog, grasshopper, plant, mechanical solar panel, and robot) in a between-subjects design. The basic procedures were the same as those in earlier experiments. Each story was about two lights that went on near an entity, one on its left and one on its right. The physics of information processing guarantees that an entity will turn toward the light on its left. That is the causally determined outcome.

The stories for the other conditions were the same as those for the robot condition, except that in the first sentence the relevant noun or noun phrase was substituted for “robot”.

Figure 3. Experiment 3. Mean response to the test statement about whether the entity could avoid the outcome (Panel A) and the distribution of responses (Panel B). The scale ran 1 (strongly disagree)–7 (strongly agree). Error bars represent bootstrapped 95% confidence intervals.
After reading the story, participants rated their agreement with the test statement, “The [person/robot/etc.] can still turn toward the right instead”. Participants then advanced to a new screen and rated whether it is causally determined that the entity will turn left, “It is causally determined that the [person/robot/etc.] will turn toward the left”. Responses were collected on the same 7-point Likert scale as that in earlier experiments.

**Results**

Response to the causal determination statement was unaffected by condition, $F < 1$. Mean agreement ranged from 5.71 ($SD = 1.93$) to 6.09 ($SD = 1.48$) and overall was 5.94 ($SD = 1.39$). Response to the test statement (about whether the entity can still turn right) differed across condition, Kruskal–Wallis test, $\chi^2(8, n = 720) = 86.95$, $p < .001$. (See Figure 4.) Response was higher for the human than for the robot, panel, plant, grasshopper, and frog; it was trending higher for the human than for the cat; but it did not differ between the human and the dolphin or crow. (See Table 1.)

**Discussion**

Once again, humans and other animals were viewed differently from inanimate objects. Participants were more likely to judge that animals can resist outcomes guaranteed by physical laws. The results replicate and further generalize the findings from Experiments 1–3, in two ways. On the one hand, a similar pattern occurs when the key dependent measure is phrased indicatively rather than subjunctively. On the other hand, a similar pattern occurs for a wider range of animals and objects.

**Experiment 5**

The results from Experiments 1–4 are consistent with two of the theories discussed in the introduction: the transcendence account and exceptionalist naturalism. This experiment attempts to distinguish between the two theories by testing whether people think that human actions are caused by a variety of factors, including cultural, neurological, and psychological events. The transcendence account predicts that people will not view these events as causing human...
action. Exceptionalist naturalism predicts that people will view at least some of them as causing human action.

**Method**

**Participants**

Eighty-one new participants were tested (aged 21–75 years; \( M_{\text{age}} = 36 \) years; 44 female; 99% reporting English as a native language). I compensated participants $0.50 this time because there were many more questions. Average completion time was approximately 3 minutes.

**Materials and procedure**

Participants were randomly assigned to one of two conditions (bet, donate) in a between-subjects design. The stories were almost identical to the bet and donate stories used in the human conditions in Experiment 1. The only difference was one additional sentence added at the very end: either “And in fact he does bet on Pepper Run” or “And in fact he does donate to Vaccination for All”. Participants then rated whether 10 items caused the agent to perform the action. The instructions were, “In your opinion, which of the following things caused him to [bet on Pepper Run/donate to Vaccination for All]? It is okay to agree with all of them, none of them, or anything in between”. Eight of the 10 items were exactly the same for both conditions. The remaining two items differed only in the content of the relevant belief or want. These were the items:

1. He believed that [Pepper Run had a good chance to win/Vaccination for All was a worthy charity]. (Belief)
2. He wanted to [win money/help people]. (Want)
3. Activity in the part of his brain associated with decisions. (Brain)

4. Facts about the way in which his parents brought him up. (Upbringing)
5. Facts about the attitudes that his culture encourages. (Culture)
6. Facts about how the human species has evolved. (Species)
7. Facts about how the universe evolved since its beginning. (Universe)
8. The things that he had eaten for breakfast earlier that day. (Food)
9. The alignment of the stars on the very day he was born. (Stars)
10. The number of hours of sleep that he got the night before. (Sleep)

All 10 items appeared in a matrix table directly beneath the story. The order of presentation was randomized. Responses were collected on the same 7-point Likert scale as that used in earlier experiments.

**Results**

Assignment to condition affected causal judgments about upbringing, culture, and species evolution but not about any of the other items. (See Figure 5.) Mean causal ratings for upbringing and culture were significantly above the midpoint in the donate condition, but they were trending below the midpoint in the bet condition. (See Table 2.) In both conditions, beliefs, wants, and brain states received very high causal ratings, whereas sleep, stars, food, and evolution of the universe received low ratings.

**Discussion**

Participants viewed an agent’s action as caused by many things, including neurological, psychological and social events. Participants denied that the action was caused by facts about the universe’s history,
stellar alignment, what the agent ate, or how much sleep he got. Depending on the type of action (bet or donation), participants had different views about the causal relevance of the agent’s upbringing, culture, and human evolution (these findings are consistent with those reported by Malle, 1999; see also Malle, 2004). Overall, these findings are consistent with exceptionalist naturalism but inconsistent with the transcendence account.

**Experiment 6**

Exceptionalist naturalism says that human agency is viewed as fitting broadly within the causal order while still being exceptional in some respects. Up until now, each half of this view has been supported separately: Results from Experiment 5 supported the claim that human agency is viewed as fitting within the causal order, while results from Experiments 1–4 supported the claim that humans are viewed as exceptional in some respects. Although there is nothing in principle wrong with testing the two halves separately, it does raise a potential concern. The concern is that the key differences observed in Experiments 1–4 might not occur if the procedures from Experiment 5 were used. For instance, suppose that people are more likely to spontaneously consider the complexity of causal relations in scenarios involving human agents. On this approach, if people were primed to consider the complexity of causal relations

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**Table 2.** Experiment 5. One-sample $t$-tests for the 10 causal items in the two activity conditions.

<table>
<thead>
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<td>–5.57</td>
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Note: Test value = 4.
relations in scenarios involving, say, a computer, then
the perceived difference between a human and a
computer might not occur. If it did not occur, then it
could be argued that exceptionalist naturalism never
adequately captures the ordinary view of human
agency. Instead, the ordinary view would be unstable,
sometimes conforming to one half of exceptionalist
naturalism (exceptionalism), sometimes conforming
to the other (naturalism), but never conforming to
both. In order to address this concern, the present
experiment tests whether both halves of the view
find support in the same experimental context.

Method

Participants

Eighty new participants were tested (aged 20–75
years; \(M_{\text{age}} = 36\) years; 41 female; 95% reporting
English as a native language). I compensated partici-
pants $0.50. Average completion time was approxi-
mately 3 minutes.

Materials and procedure

Participants were randomly assigned to one of two
conditions (human, computer) in a between-subjects
design. The basic procedures were the same as
those for Experiment 5. The story for the human
condition was the same as that for the bet condition from
Experiment 5; the story for the computer condition
substituted “computer” for “person” and “it” for “he”.
After reading the story, participants rated whether
10 items caused the outcome. The 10 items for the
human condition were the same as those in Experiment 6, except for two small differences. The first
item substituted “estimated” for “believed”, and the
second item substituted “pick the winner” for “win
money”. (Names for some of the items changed from Experiment 5 because a more abstract descrip-
tion was needed to capture the similarity between
items in the human and computer conditions. However, the items’ order remains the same.) Here
are the 10 items for the computer condition:

1. It estimated that Pepper Run had a good chance
to win. (Estimate)
2. It wanted to pick the winner. (Want)
3. Activity in the part of its central processor associ-
ated with decisions. (Activity)
4. Facts about how the engineers programmed it. (Formation)
5. Facts about the attitudes that the computer-pro-
gramming industry encourages. (Culture)
6. Facts about how computer technology has evolved. (Evolution)
7. Facts about how the universe evolved since its
beginning. (Universe)
8. The energy source that was powering it that day. (Energy)
9. The alignment of the stars on the very day it was
created. (Stars)
10. The number of hours it had been turned off the
night before. (Downtime)

After the causation task, participants advanced to a
new screen and rated whether the agent could have
acted otherwise: “The [person/computer] could have
bet on another horse instead”. Responses were col-
lected on the same 7-point Likert scale as that in
earlier experiments.

Before proceeding, it is worth emphasizing that
although the 10 causal items are closely matched
across conditions, making meaningful comparisons
possible, that was not the point of including them.
Instead, the point of including them was to test the
concern raised in the introduction to this experiment.
The key question is whether participants will, in the
same experimental context, view human agency as
both exceptional and fitting broadly within the
causal order.

Results

Assignment to condition affected causal judgments
about several of the items. (See Figure 6.) Causal
ratings for the human condition were very similar
to the ratings for analogous items in Experiment
5, including high ratings for the estimate, want,
and brain activity. (See Table 3.) In neither condition
did participants indiscriminately attribute causation.
Response to the statement that the agent
could have bet differently was higher for the human
(\(Mdn = 6, n = 40\)) than for the computer
(\(Mdn = 3, n = 40\)), \(U = 335, z = -4.54, p < .001\). (See
Figure 7.)

Discussion

The results from this experiment support both halves
of exceptionalist naturalism in the same context. Repli-
cating a principal result from Experiments 1–4, human
agents were viewed differently from computers.
Replicating a principal result from Experiment 5, human action was viewed as caused by psychological and neurological events.

**Experiment 7**

Exceptionalist naturalism says that human agency is viewed as fitting broadly within the causal order while still being exceptional in some respects. The results up until now strongly support this view. However, a potential concern about the results from Experiments 5 and 6 is that people did not have sufficient flexibility to evaluate the relationship between human action and natural events. (Joshua Knobe helpfully raised this concern without necessarily endorsing it.) Participants might have agreed with “causal” claims in order to convey that the factors help explain the action, albeit in a non-causal way. In order to evaluate this concern, I conducted a final experiment. I offered participants the option to describe an action as “caused” or “explained” by a natural event. Participants chose between these descriptions for an action performed by a human or a computer. If the concern is well founded, then participants will describe the human’s action as “explained” by the event and be more likely to select “caused” for the computer than for the human.

![Figure 6. Experiment 6. Mean attribution of causation for the agent’s action. The scale ran 1 (strongly disagree)–7 (strongly agree). Error bars represent bootstrapped 95% confidence intervals. Asterisks (*) represent a significant difference in mean response across conditions, as determined by an independent-samples t-test (p < .05).](image)

**Table 3.** Experiment 6. One-sample t-tests for the 10 causal items in the two agent conditions.

<table>
<thead>
<tr>
<th>Measure</th>
<th>Human M</th>
<th>Human SD</th>
<th>Human t</th>
<th>Human df</th>
<th>p</th>
<th>Computer M</th>
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<td>−6.32</td>
<td>39</td>
<td>&lt;.001</td>
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</tbody>
</table>

Note: Test value = 4.
Method

Participants
One hundred and one new participants were tested (aged 18–72 years; \( M_{\text{age}} = 32 \) years; 42 female; 97% reporting English as a native language). They were compensated $0.40 for approximately 2 minutes of their time.

Materials and procedure
Participants were randomly assigned to one of two conditions (human, computer) in a between-subjects design. Participants first read a brief story:

Bradley has a [job/computer.] [His/Its] job is to place bets on horse races. Late this morning, the horserace association made public the news that the horse Pepper Run has a strained calf muscle. Early this afternoon, [Bradley/the computer] learned this news and then bet that Pepper Run would lose the race.

Participants were then instructed, “Please select the option that better describes the case”. The options (rotated randomly) were:

1. The news report caused [Bradley/the computer] to bet that way. (caused)
2. The news report explains why [Bradley/the computer] bet that way. (explained)

Participants then went to a new screen and rated their agreement with these four statements (order rotated randomly), using the same 7-point Likert scale as that in earlier experiments:

1. The news report caused [Bradley/the computer] to bet that way. (news cause)
2. The news report explains why [Bradley/the computer] bet that way. (news explain)
3. [Bradley’s/The computer’s] bet caused the news report. (bet cause)
4. [Bradley’s/The computer’s] bet explains the news report. (bet explain)

Participants never saw numerical labels.

Results
Assignment to condition did not affect the rate at which participants answered that the news report caused the bet, Fisher’s exact test, \( p = .267 \). (See Figure 8.) Participants selected “caused” at rates exceeding chance (50%) for both the computer (68%), binomial test, \( n = 50, p = .015 \), and the human (78%), binomial test, \( n = 51, p < .001 \). Assignment to condition did not affect response to any of the four causal/explanatory statements, independent-samples \( t \)-tests, all \( p s \geq .220 \). Mean agreement was significantly above the midpoint (\( =4 \)) for the statements that the news report caused the computer’s bet (\( M = 5.62, SD = 1.91 \)), \( t(49) = 6.01, p < .001 \), and the human’s bet (\( M = 5.90, SD = 1.39 \)), \( t(50) = 9.78, p < .001 \).

Discussion
This experiment tested the concern that in earlier experiments participants agreed that natural events “cause” human actions only because they lacked an alternative way to convey that the natural events were explanatorily relevant. The results rule out this concern. When given the option to describe human action as “caused” or “explained” by a natural event, the vast
majority selected “caused”. And participants selected “caused” at similar rates regardless of whether the action was performed by a human or a computer.

**General discussion**

In ordinary social cognition, is human agency viewed as radically different from other things in the world, standing outside of the causal order (a transcendence account)? Is it viewed as a purely natural thing, subject to the same physical laws as other objects and completely open to scientific investigation (a naturalistic account)? Or is it viewed as something in between, fitting broadly within the causal order while still being exceptional in some respects (exceptionalist naturalism)?

The results from seven experiments advance our understanding of how human agency is ordinarily viewed by supporting a version of this last possibility, exceptionalist naturalism. Across a variety of contexts and actions, participants agreed that human agents can resist outcomes described as inevitable, guaranteed by physical processes, and causally determined. That is, participants judged that humans can still do, could still do, or could have done otherwise. Participants also viewed some non-human animal agents (dolphins, raccoons, crows, cats) similarly, whereas they viewed computers, robots, plants, and simple inanimate objects (tennis balls, solar panels) differently (Experiments 1–4). For instance, when a ball is causally determined to fall, participants judged that it could not avoid falling; but when a human or raccoon is causally determined to fall, participants judged that they could still avoid falling (Experiment 3). At the same time, participants judged that human actions are caused by many things, especially mental states and brain activity, and in some cases social and cultural processes (Experiments 5 and 6). Participants judged that human actions are not merely explained but caused by natural events (Experiment 7). Overall, then, human agents are viewed as exceptional parts of the natural world.

The results rule out one initial hypothesis to explain the basic finding supporting exceptionalist naturalism. The hypothesis is that people are more likely to spontaneously consider the complexity of causal relations in scenarios involving humans. This could lead people to more easily imagine ways that an inevitable outcome would not occur when a human is involved. However, the similar findings for non-human animals rule out this hypothesis.

It is unlikely that the basic findings are due to peculiarities of the stimuli used here, because I used a diverse range of stimuli that varied the type of activity, entity, and wording of test items. The activities included placing a bet, making a donation, falling, and inspecting a stimulus. The entities included a

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**Figure 8.** Experiment 7. Percentage of participants answering that the news report “caused”, rather than “explained”, the bet (Panel A). Mean agreement with four causal/explanatory claims (Panel B). Scales ran 1 (strongly disagree)–7 (strongly agree). Error bars represent bootstrapped 95% confidence intervals.
human, dolphin, raccoon, crow, cat, frog, grasshopper, plant, solar panel, ball, and robot. Outcomes were described as “inevitable”, “guaranteed” by physical processes, and “causally determined”. Some test items were prospective and others retrospective; some test items were phrased subjunctively and others indicatively. Of course, exceptionalist naturalism does not imply that human agents are viewed as exceptional with respect to all scenarios, abilities, and modes of questioning. Nevertheless, the same basic pattern emerged across several simple and natural ways of framing scenarios and questions.

It might be wondered whether the basic findings are due to people rejecting one or more assumptions of the scenarios described. For example, the findings might somehow be due to people rejecting that the outcome is causally determined. This hypothesis faces two problems. On the one hand, it cannot explain why people would do this for scenarios involving living agents but not mechanical and inanimate objects. If the hypothesis is amended so that people reject the assumption specifically for scenarios involving living agents but not others, then it becomes hard to distinguish the amended hypothesis from exceptionalist naturalism. That is, the amended hypothesis starts to sound like just another way of saying that agents are viewed as exceptional—more resistant to causal determination, more capable of avoiding inevitable outcomes. On the other hand, a pattern supporting exceptionalist naturalism emerged even when people overwhelmingly agreed that the outcome is causally determined (Experiments 3 and 4), and even among those who rated the probability of the outcome’s occurrence at “100%” (Experiments 1 and 2). The fact that this same pattern occurs when participants themselves rate the outcome as 100% probable addresses the potential concern that the results are due simply to ordinary people ignoring or not understanding “causal determinism” jargon.

Some of the findings suggest that many people’s naïve understanding of psychological and physical processes is naturally indeterministic. (See Rose & Nichols, 2013, for related evidence on adult judgments about decision making specifically.) Even when an outcome is described as “causally determined” and “guaranteed” by physical processes, many people still think there is a chance that it will not happen. When asked to rate the probability of an inevitable or causally determined outcome, people often rated it between 85% and 90% (Experiments 1 and 2). This was true for the activities of humans and computers.

An interesting question is why we would be natural indeterminists. One possibility is that indeterminism is an adaptive assumption, partly constitutive of our natural aptitude for construing social partners and other animals, which, as suggested by recent work in theoretical biology (Brembs, 2011), are inherently stochastic systems. This assumption is then extended, perhaps mistakenly, to more mundane physical systems that are, for all practical purposes, deterministic. In other words, the extension of indeterminism beyond animals could be an example of “explicitly adopting a social model” of non-social physical systems, as happens when people try to “bargain with nature” (Humphrey, 1976, p. 313). Alternatively, it could be that a general assumption of indeterminism is adaptive because it prevents us from smugly assuming that we have everything figured out in advance. Even if determinism is true, in practice we rarely, if ever, have access to all the information relevant to predicting predetermined events. If the cost of falsely assuming that we have all the information tends be high enough, and we are bad enough at judging that we have all the information, then a simple way to prevent such assumptions would be to presuppose indeterminism in general. In short, presupposing indeterminism could be a false but effective solution to potentially problematic overconfidence.

I found no evidence that human agency is viewed as essentially different from non-human animal agency, whereas other research has found differences that might suggest otherwise (Gray, Gray, & Wegner, 2007). Future research could investigate whether differences emerge with other stimuli or tasks. On the one hand, perhaps generic judgments about human and non-human animals will differ regarding the ability to resist causally determined outcomes. That is, when the question is posed more generally than I posed it here, differences might emerge in the perception of human and non-human animals. Relatedly, people might perceive humans as more capable of resisting harmful outcomes. On the other hand, perhaps such differences will emerge for more complex or protracted tasks. For example, people might perceive humans as more capable of acting otherwise when the task involves repeated or multiple steps, such as digging a deep hole or building a dam, rather than falling or turning towards a stimulus.

Even if humans are viewed differently from all non-human animals in some respects, the fact that participants in the present experiments viewed them similarly should not be surprising. After all, belief in the
transmigration and reincarnation of persons occurs in human cultures around the world (Bjorling, 2013; Nagaraj et al., 2013; Obeyesekere, 2002). People in many cultural traditions have claimed that when a human dies, the person can be reincarnated as a member of another species and eventually as a human again. These beliefs would probably not be so widespread if people naturally viewed humans and non-humans as fundamentally different.

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